

FREE

Thabazimbi / Northam : Moruleng : Setaria : Swartklip : Amandelbult

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PLATINUM

Jou Gratis Gemeenskapskoerant | Your Free Community Newspaper

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WINTER IS HERE

Zenobia Slippers enjoying a warm cup of soup.

If the cold gives you the chills, try this delicious chicken and broccoli soup recipe:

- 1 Whole chicken
- 3 Onions
- Garlic to taste
- 4 Celery sticks
- 3 Carrots
- 6 Cups chicken broth
- 1 Broccoli head

Cook the chicken like you normally would with your preferred herbs and spices. Once the chicken is done, debone and deskin it before cutting the meat into small pieces.

Pan-fry the onions, celery and carrots. Pour in the chicken broth and cook for an hour until everything is soft enough to be mashed. Add chicken and broccoli and cook until the broccoli is done.

Get a cosy spot and enjoy!

Thabazimbi/ Northam – Winter officially started on Monday 1 June. To some, it might be a sigh of relief and a means of escaping the scorching Bushveld heat... to others, it might be a nuisance to unpack the winter woollies.

Most of the trees have started to shed their leaves and nature is flaunting hues of brown and beige dancing in the wind.

We would suggest dusting off your thickest winter coat and staying warm. With the cold temperatures, you are more prone to catch a cold. Snuggle up in front of the TV with a nice warm drink and make sure to take your vitamins regularly to strengthen your immune system to stay safe and healthily this winter.

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Janus: 083 384 7355

Posbus 245
Koedoeskop 0361

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MAXI BLOKKE
PLAVEISEL – BEVEL (KLEUR OF GRYS)
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MULTIPLE
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CIGARETTES

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COVER YOUR
MOUTH AND NOSE
ALWAYS WEAR YOUR
FACEMASK

2
AVOID CLOSE
CONTACT
ADHERE TO SOCIAL
DISTANCING OF AT
LEAST 1M

3
CLEAN AND
DISINFECT
WASH OR SANITISE
YOUR HANDS
FREQUENTLY